

NEEDS AND RESOURCES WORKSHEET

Name _____ Date _____

Physical Needs (List all these needs)	Financial Resources to meet physical needs	Human Resources to meet physical needs	Resources to meet physical needs that you are not using	Resources still needed to take care of physical needs
1.				
2.				
3.				
4.				
Emotional Needs (List all these needs)	Financial Resources to meet emotional needs	Human Resources to meet emotional needs	Sources to meet emotional needs that you are not using	Resources still needed to take care of emotional needs
1.				
2.				
3.				
4.				
Spiritual Needs (List all these needs)	Financial Resources to meet spiritual needs	Human Resources to meet spiritual needs	Sources to meet spiritual needs that you are not using	Resources still needed to take care of spiritual needs
1.				
2.				
3.				
4.				
Social Needs (List all these needs)	Financial Resources to meet social needs	Human Resources to meet social needs	Sources to meet social needs that you are not using	Resources still needed to take care of social needs
1.				
2.				
3.				
4.				